

STARS & SAGE

Body Therapy

Policies and Procedures

The following sometimes occurs during a massage session. They are normal responses to relaxation. Trust your body to express what it needs to:

Need to move or change position – sighing, yawning, change in breathing, stomach gurgling – emotional feelings and/or expression – movement of intestinal gas – energy shifts – falling asleep - memories

A massage therapist can not diagnose illness, disease, or any other medical, physical, or emotional disorder, nor perform any spinal manipulations. I am responsible for consulting a qualified physician for any physical ailments that I have.

Massage Therapy is a therapeutic health aide and is **NON SEXUAL**.

Payment is due at the end of the session and must be paid by cash, check or credit card. Tip for the therapist is up to the discretion of the client.

If the massage therapist starts a session late, she will make it up to me at the end of my session if possible or will reduce my fee accordingly. If I arrive late, my session will end at the originally scheduled time so the client following me is not penalized.

I agree to give a 24 hour notice for a scheduled session that I can not keep. I am aware that I may be charged the full fee for any missed sessions for sessions that I do not give 24 hour notice to cancel or reschedule.

I understand that I must have all forms filled out prior to my session.

I understand that my therapist will drape my body according to the North Carolina Law. I also understand that if I am not comfortable with her draping method, I am to let her know immediately.

I understand that as the client, if I feel that the therapist has done something to make me feel uncomfortable, I have the right to terminate the session. I also understand that if I do anything to make the therapist feel uncomfortable, the therapist has the right to terminate the session and charge the full fee of the session.

After the session, it is important for me to drink a lot of water. It is also possible that my muscles might be sore the following day. If I have any issues I will call my therapist to inquire.